

# LIAL

Love is a Lifestyle.us  
*Love in Action*



## Feng Shui Design

Support for you as you tackle uncluttering and create an intentional sacred space.



## Meditation

No one finds starting meditation easy. I will help guide in the practice of all great leaders.



## Travel

Advice on balancing your journey; setting and fulfilling the trip's intention.

## Restorative Retreats

Come to the beach and see what Love is a Lifestyle is all about!

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